



'Like us' on Facebook at: <http://Facebook.com/AnnapolisYoga> for the latest yoga happenings in Annapolis. Free and community yoga classes, workshops, special events, class recommendations and more...

Early Morning Yoga Classes in and around Annapolis

Monday

- 6:00 am - Bikram Yoga - Bikram Yoga (Annapolis)
- 6:30 am - Hot Vinyasa Express - Prana Yoga (Annapolis)
- 7:00 am - Intermediate Vinyasa Yoga - Charm City Yoga (Severna Park)
- 7:30 am - Yoga - Big Vanilla (Severna Park)

Tuesday

- 6:00 am - Bikram Yoga - Bikram Yoga (Annapolis)
- 6:30 am - Hot Vinyasa Express - Prana Yoga (Annapolis)
- 6:30 am - Sunrise Yoga - Ridgely Retreat (Annapolis)
- 7:00 am - Intermediate Vinyasa Yoga - Charm City Yoga (Severna Park)

Wednesday

- 6:00 am - Bikram Yoga - Bikram Yoga (Annapolis)
- 6:30 am - Vinyasa Yoga - Evolutions Yoga (Annapolis)
- 6:30 am - Hot Prana Flow - Prana Yoga (Annapolis)
- 7:00 am - Hot Vinyasa Yoga - Charm City Yoga (Severna Park)
- 7:30 am - Yoga - Big Vanilla (Severna Park)

Thursday

- 6:00 am - Bikram Yoga - Bikram Yoga (Annapolis)
- 8:00 am - Sunrise Yoga - Ridgely Retreat (Annapolis)
- 6:00 am - Sunrise Yoga - Big Vanilla (Severna Park)
- 6:30 am - Hot Vinyasa Express - Prana Yoga (Annapolis)
- 7:00 am - Hot Vinyasa Yoga - Charm City Yoga (Severna Park)

Friday

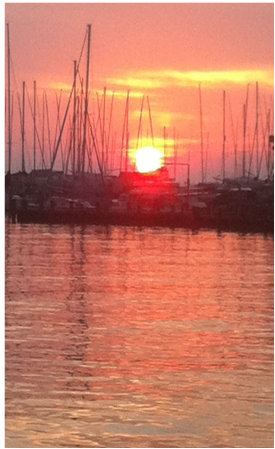
- 6:00 am - Bikram Yoga - Bikram Yoga (Annapolis)
- 6:30 am - Hot Vinyasa Express - Prana Yoga (Annapolis)
- 6:30 am - Sunrise Yoga - Ridgely Retreat (Annapolis)
- 7:30 am - Yoga - Big Vanilla (Severna Park)

Saturday

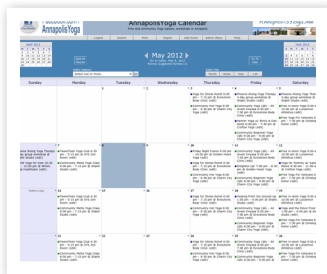
- 7:00 am - Hot Vinyasa Yoga - Charm City Yoga (Severna Park)
- 7:30 am - Yoga - Big Vanilla (Severna Park)
- 8:00am - Hot Vinyasa - Evolutions Yoga (Annapolis)
- 8:00am - Hot Vinyasa Flow - Prana Yoga (Annapolis)

Sunday

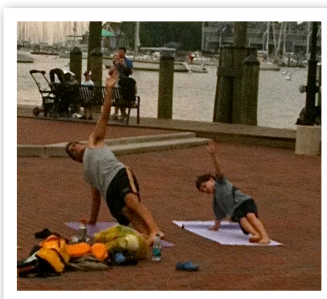
- 6:30 am - Sunrise Yoga - Ridgely Retreat (Annapolis)
- 8:00 am - Hot Vinyasa Flow - Prana Yoga (Annapolis)



*other Annapolis Yoga
 resources...*



AnnapolisYogaCalendar.com
 (Shared Yoga Calendar)



www.AnnapolisYoga.me
 (Annapolis Yoga Blog)